



704 Air Force City Squadron Royal Canadian Air Cadets

13 April 2017

Dear Parents/Guardians,

During the weekend of 28-30 April 2017, 704 Squadron is conducting a survival exercise for all cadets at its training facility, Camp Ross, which is located east of Bancroft off of Hwy #28. Outdoor sleeping bags and rations will be provided. The cadets will sleep in tents on Friday night, and improvised shelters or tents (weather dependant) on Saturday. Under normal circumstances your cadet will be outdoors continuously for 42 hours, from the time they get off the bus on Friday until they board it again on Sunday afternoon.

Your cadet will walk in and out of the camp from the main road. The distance is approximately three kilometers. **Parents are to ensure that cadet gear consists only of what is really required (see attached kit list), keeping in mind that your child must carry it to and from the training site.** We can provide backpacks if you do not have access to anything suitable. Please provide sufficient notice so that we can get a backpack to your Cadet in a timely fashion.

It is mandatory that your cadet have in their possession their Ontario Health Card. The staff will collect them at the beginning of the exercise and keep them in a secure place during the activity. You must return the attached permission form prior to departure on or before 28 Apr 2017 for your cadet to be able to attend. If your cadet has special dietary needs or is on any form of medication make certain it is noted on the permission form. We stop at a local store on the way and your child may want to bring approximately \$10.00 for snacks.

Please have your cadet at the squadron by 5:00 PM on Friday, 28 Apr 2017. They should have eaten supper or have a packed meal as we will not be providing meals that morning. Cadets will be returning to the squadron at 4:00 PM on Sunday, 30 Apr 2017. Once all supplies have been cleaned and returned the cadets will be allowed to depart. **Please be on time for pick-up.**

If you require more information please call Captain Kendall or Captain Watts at the squadron between 6:00 and 9:00 pm on Monday evenings.

D. Kendall
Captain
Commanding Officer

KIT LIST

This list includes the clothing that you will be wearing when we depart for Camp Ross. You need plenty of socks because it is important to wear clean socks everyday to prevent blisters. You should also consider wearing two pair of socks (one cotton, one wool) for the same reason.

****ONTARIO HEALTH CARD****

Plastic or metal cup with handle

Flashlight with batteries

INSECT REPELLANT (with DEET)

SUN SCREEN

3 to 6 pair of long socks (no ankle socks)

2 or 3 pair underwear

3 T-shirts

2 sweatshirts or sweaters

2 pair sweat pants or pants

1 set bedclothes

1 hat (baseball, Tilley, etc.)

1 toque

1 pair gloves

1 pair hiking-type footwear

1 pair running shoes

1 seasonal jacket

1 rain coat (if available)

Towel and washcloth

Toiletries soap, toothbrush, toothpaste (all)

razor, shaving cream (males)

hair and hygiene products (females)

Unscented baby wipes are recommended

CADETS WILL NOT BRING THE FOLLOWING ITEMS

Matches

Pyrotechnics

Knives

Firearms

Electronic devices (CD player, MP3 Player, Game Boy, etc.)

Alcohol

Illicit Drugs

Jeans

*****Bad Attitudes*****

704 ROYAL CANADIAN AIR CADET SQUADRON
Operation Exercise Permission Form

I, _____ (parent or guardian) gives permission for _____ (cadet) to attend the Spring FTX on the weekend of 28-30 Apr 2017. I have noted any dietary needs or medications that my child requires in the space provided below. I have also indicated any condition that may limit my child's participation in this activity.

Signed : _____

Date: _____

Medical/ Dietary Needs:
